

QUEST12

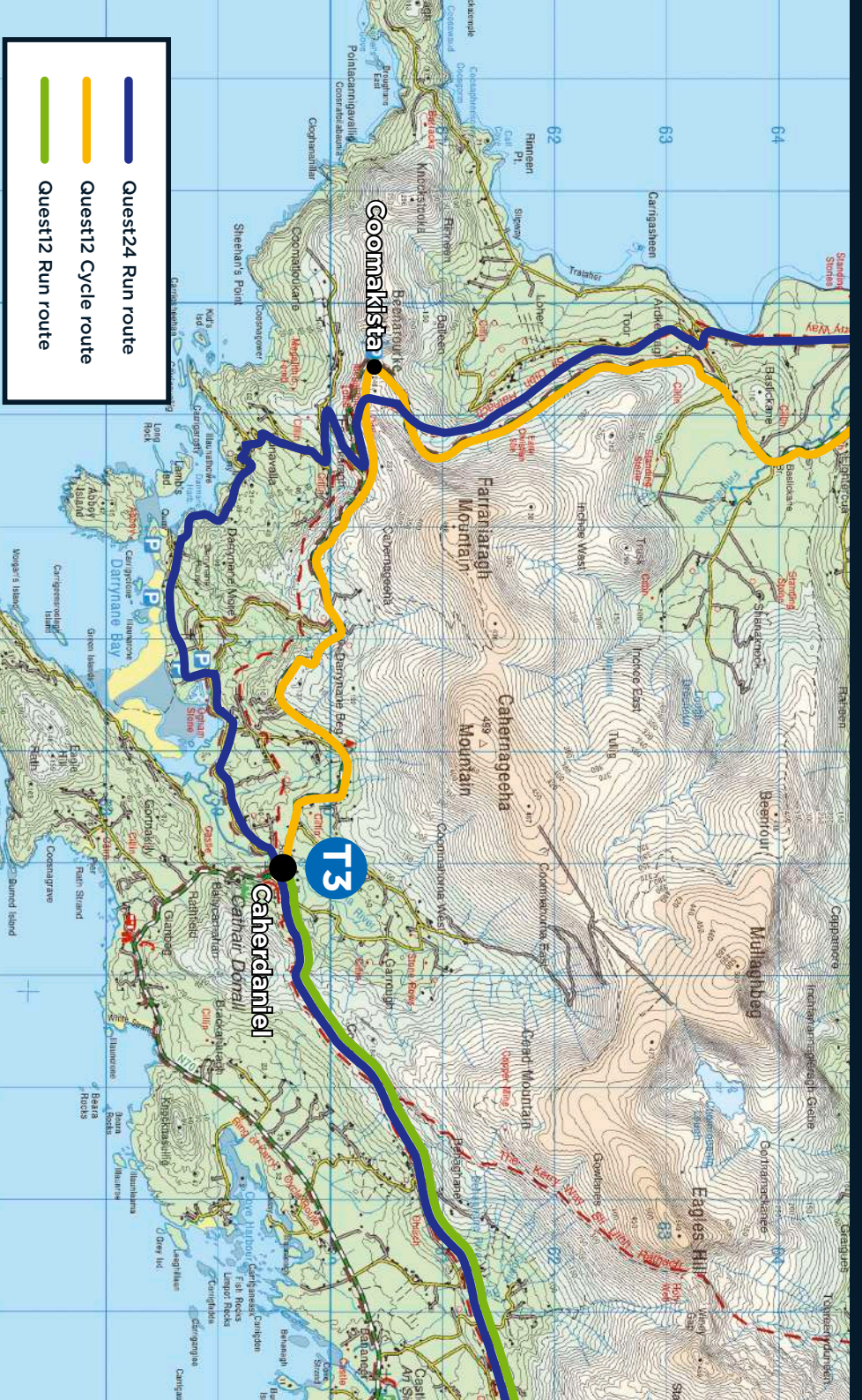
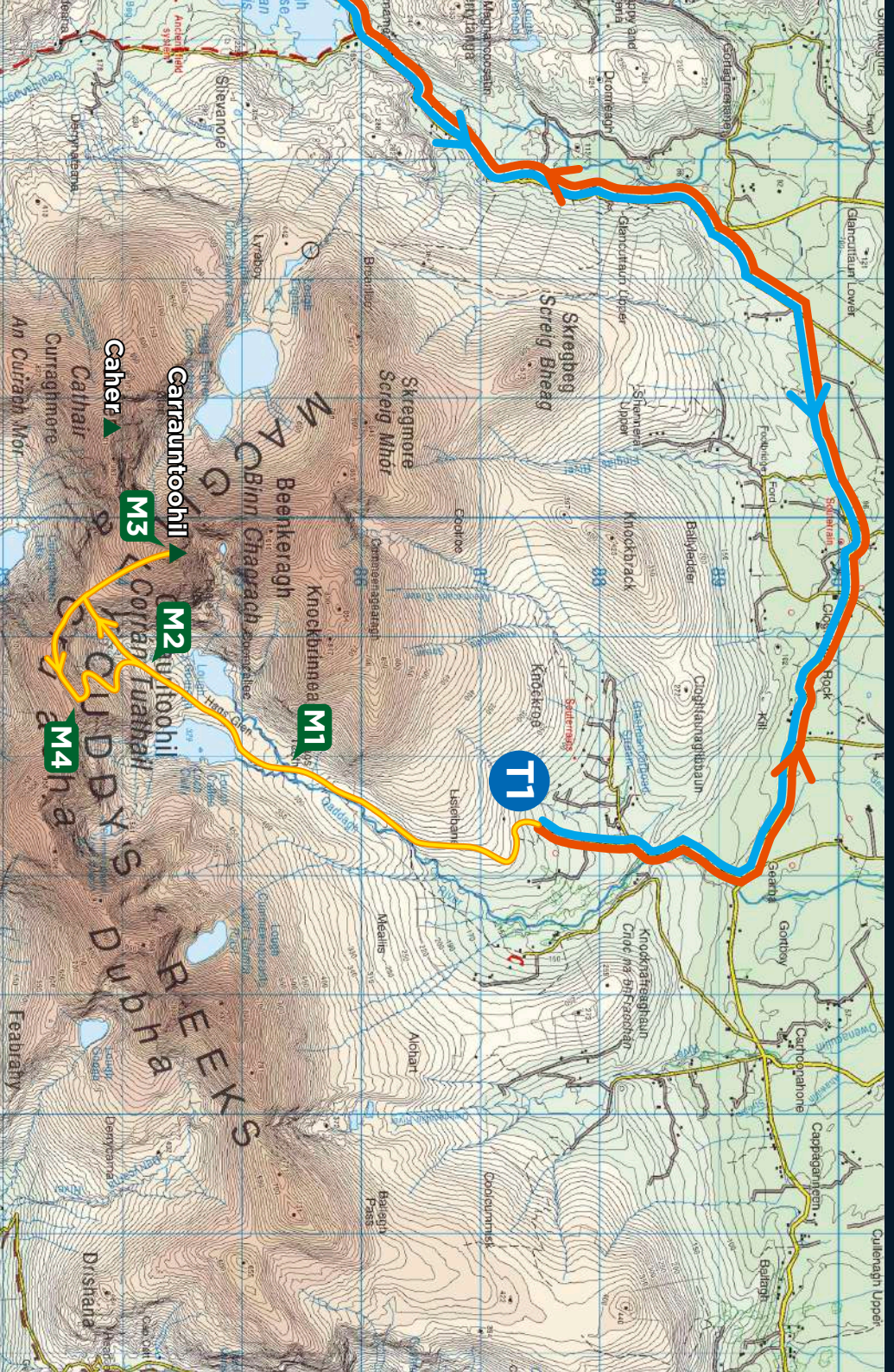
- Stage 1: 47.70km Cycle
 - Stage 2: 12.90km Hill Run
 - Stage 3: 48.70km Cycle
 - Stage 4: 5.00km Kayak
 - Stage 5: 14.00km Cycle
 - Stage 6: 18.10km Run
- Total: 146.40km**



QUEST 12



In case of emergency/breakdown please phone:
087 122 1234



	Quest24 Run route
	Quest12 Cycle route
	Quest12 Run route